



Midlands Rugby League Volunteering Update



Welcome to the second edition of The RFL's Midlands Volunteering Update!
The purpose of this quarterly newsletter is to advertise current and upcoming volunteering opportunities and share best practice as well as report what has been going on in the last three months in the region.

If you have any further questions about my role or would like to get involved, contact me either by email at laura.whitehead@rfl.uk.com or by phone 07775 424747.

Calling all volunteers

Are you the chairperson, young leader, coach or a parent helper?
If yes then we want to hear from you.
Each edition there will be a volunteer profile about someone who volunteers at a club or within the community.
The profile for each edition will be about a different role. If you are interested in having your profile appear in one of our newsletters then contact Laura on the email above.

Do You Need Volunteers?

Parent workshops are the ideal way to tap into those who are already visiting your club on a regular basis. These workshops are delivered through a 20 minute presentation designed around your clubs needs. The sessions are ideal to fit alongside a training session. The RFL runs this for FREE for any club interested. If you are interested in recruiting more volunteers for your club and think that the parent workshop could work for your club then get in touch with Laura on the email above.

Midlands Talent Centres

Very soon the Midlands will be launching the Regional Player Development Centres (RPDC). There will be two centres in the Midlands one based in the East at Loughborough College and one based in the West at the Alan Higgs centre in Coventry.

The RPDC s are part of the RFL's performance pathway aiming to achieve elite performance and athlete development.

Nationally these centres will be targeting under 14s, 15s and 16s across the country.

If you would like any more information on the talent centres then contact martyn.rothwell@rfl.uk.com

Clubmark

Congratulations to Birmingham Bulldogs who have achieved Clubmark and to Nottingham Outlaws and Northampton Knights for achieving Clubmark Gold.

Sport England, along with The Rugby Football League are seeking to assist in the development of standards of clubs working with children and young people. The objective is to develop clubs that are accredited as: The sign of a quality Club, Committed to providing a safe, effective and child-friendly environment.

Sport England Clubmark sets generic criteria for national governing bodies of sport to accredit their clubs against. In addition to the minimum operating standards of Clubmark, the RFL have a higher level of accreditation; "Clubmark Gold".

Rugby League clubs that gain accreditation will receive recognition and promotion by Sport England, The RFL, County Sports Partnerships and Local Authorities. Clubmark will bring benefits such as promoting clubs within their communities, increased participation levels, developing coaches and volunteers at clubs, raising standards thus creating a quality environment for all involved and increased opportunity in terms of accessing resources.



CARNEGIE CHAMPION SCHOOLS 2009 - 2010

The Champion Schools 2009/10 season is now well underway in the Midlands. The competition runs all over England for girls and boys from years 7 up through to year 11. We are now into round three of the boy's competition within the Midlands. This point of the competition sees 4 teams at each year group left playing to get themselves into the Midlands final for their age group. If they are successful in the Midlands final they would then go through to represent the Midlands in the regional finals. The Midlands final takes place on Thursday 11th February.

For the girls a festival for teams across the Midlands will be hosted to find a team from each age group to represent the region in the regional finals. The year 11 Midlands girls festival will take place on March 11th with the year 7 – 10 festivals taking place on the week of the 26th – 29th April venues TBC.

Carnegie Champion Colleges is a new competition that is making its way into the Midlands calendar this year. This is a new competition that is run across England for college teams. The Midlands will be running participation in the region to find colleges interested in playing rugby league with a view to entering the competition in September.

To see how your team is doing visit www.championschools.co.uk

If you are interested in volunteering at our regional final on Thursday 11th February then get in touch with Laura – contact details above.

Volunteering Opportunities

Club/Organiser	Opportunity	Description	Contact
Coventry Bears	Club Volunteer Opportunities	Coventry Bears are seeking Club Volunteers for a number of roles for the forthcoming season if you want to get involved please go online at www.coventrybears.co.uk for details	Alan Robinson Alan.robinson@rfl.uk.com
Nottingham Outlaws	Junior Coaches	Nottingham Outlaws Rugby League Club is seeking dedicated and talented coaches for their 2010 Junior Season. The club will be running teams at Under 10, Under 12 (Boys and Girls), Under 14 and Under 16 levels for the 2010 Season	Director of Junior Rugby George Strachan 07723 821790 gstrachan@nottinghamrfl.co.uk
Loughborough University	Team Managers	Loughborough University are one of the leading universities in Student Rugby League, They are looking for enthusiastic people to volunteer as team managers at their games on Wednesdays.	James Lewis James.lewis@rfl.uk.com
RFL	Events	Midlands Champion Schools regional final Thursday 11 th February	Laura Whitehead Laura.whitehead@rfl.uk.com

Volunteering is a great way to meet people, looks good on a CV and benefits many of the players involved on the day.

If you would like to get involved, no matter how little you can contribute, get in touch with laura.whitehead@rfl.uk.com

COURSE	DATE/TIME	VENUE	DESCRIPTION	COST	ORGANISER/CONTACT
Safeguarding and Child Protection	Wednesday 20 th January 6:30pm – 9:30pm	NORTHAMPTONSHIRE The Pemberton Centre, Rushden	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£25	www.course-bookings.northamptonshiresport.org
Safeguarding and Child Protection	Wednesday 20 th January 6.30pm - 9.30pm	STAFFORDSHIRE Dudson Centre, Hanley, Stoke	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£20	Visit http://www.sportacrossstaffordshire.co.uk (select Workshops) Kam Webster: 01785 619695
Equality on Coaching	Thursday 21 st January 5.45pm - 8.45pm	HEREFORDSHIRE/ WORCESTERSHIRE Bromsgrove	The tutor will use coaching examples to help coaches understand how they in their coaching practice, should be equitable in their language and actions towards different people.	£24 (£16 if from a Clubmark club)	Georgie Fenton: g.fenton@worc.ac.uk 01905 542260 www.morethansport.com/courses
Club for All	Monday 25 th January 6:30 - 9:30pm	DERBYSHIRE Chesterfield Borough Council Boythorpe Avenue, Chesterfield, S402ND	Practical Information on how to effectively run a sports club	£20	Simon Webster: 01246 345569
Safeguarding and Child Protection	Tuesday 26 th January 6.30pm-9.30pm	LEICESTERSHIRE Bosworth Community Sports College	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£20	www.lrsport.org.uk - click 'book it' in the top right corner Graeme: Lrsport@lboro.ac.uk on 01509 226 756.
Equality on Coaching	Wednesday 27 th January 6.30pm - 9.30pm	STAFFORDSHIRE Staffordshire Moorlands, Moorlands House	The tutor will use coaching examples to help coaches understand how they in their coaching practice, should be equitable in their language and actions towards different people.	£20.00	www.sportacrossstaffordshire.co.uk (select Workshops)
Safeguarding and Child Protection	Thursday 28 th January 6.30pm - 9.30pm	STAFFORDSHIRE Shobnall Leisure Centre	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£20	www.sportacrossstaffordshire.co.uk (select Workshops) Kam Webster on 01785 619695
Safeguarding and Child Protection	Wednesday 20 th January 6.30pm - 9.30pm	STAFFORDSHIRE Dudson Centre, Hanley, Stoke	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£20	www.sportacrossstaffordshire.co.uk (select Workshops) Kam Webster on 01785 619695
Equality on Coaching	Thursday 21 st January 5.45pm - 8.45pm	HEREFORDSHIRE/ WORCESTERSHIRE Bromsgrove	The tutor will use coaching examples to help coaches understand how they in their coaching practice, should be equitable in their language and actions towards different people.	£24 (£16 if from a Clubmark club)	Georgie Fenton g.fenton@worc.ac.uk 01905 542260 www.morethansport.com/courses
Safeguarding and Child Protection	Monday 1 st February 6.30pm - 9.30pm	GREATER WARWICKSHIRE (CSW) Lawrence Sheriff School, Clifton Road, Rugby, CV21 3AG	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£10	Sue Short: info@cswsport.org.uk 02476 574 200 www.cswsport.org.uk/events.php?workshops=true
First Aid	Monday 1 st February 6.30pm - 9.30pm	HEREFORDSHIRE/ WORCESTERSHIRE Worcester	3 Hour emergency 1 st aid qualification that meets clubmark requirements	£24 (£16 if from a Clubmark club)	Georgie Fenton g.fenton@worc.ac.uk 01905 542260 www.morethansport.com/courses

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Red Cross Emergency Aid for Sport	Tuesday 2 nd February 6:00pm – 10:00pm	NORTHAMPTONSHIRE Willison Centre, Roade School	3 Hour emergency 1 st aid qualification that meets clubmark requirements	£60	www.course-bookings.northamptonshiresport.org
Safeguarding and Child Protection	Thursday 11 th February 6.30pm-9.30pm	LEICESTERSHIRE Charnwood Borough Council	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£20	www.lrsport.org.uk click 'book it' in the top right corner) Graeme: Lrsport@lboro.ac.uk 01509 226 756.
Safeguarding and Child Protection	Thursday 11 th February 6.30pm - 9.30pm	GREATER WARWICKSHIRE (CSW) Moat House Leisure Centre, Winston Ave, Coventry, CV2 1DX	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£10	Sue Short: info@cswsport.org.uk 02476 574 200 www.cswsport.org.uk/events.php?workshops=true
Safeguarding and Child Protection	Monday 22 nd February 6.30pm - 9.30pm	HEREFORDSHIRE/ WORCESTERSHIRE Malvern	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£24 (£16 if from a Clubmark club)	Georgie Fenton: g.fenton@worc.ac.uk 01905 542260 http://www.morethansport.com/courses
Safeguarding and Child Protection	Wednesday 24 th February 6.30pm-9.30pm	LEICESTERSHIRE Bosworth Community Sports College	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£20	www.lrsport.org.uk click 'book it' in the top right corner) Graeme: Lrsport@lboro.ac.uk 01509 226 756.
First Aid	Wednesday 24 th February 6.30pm - 9.30pm	STAFFORDSHIRE Dudson Centre, Hanley, Stoke	3 Hour emergency 1 st aid qualification that meets clubmark requirements	£8.50	http://www.sportacrossstaffordshire.co.uk (select Workshops) Kam Webste: 01785 619695
Safeguarding and Child Protection	Tuesday 25 th February 6.30pm - 9.30pm	STAFFORDSHIRE Staffordshire Moorlands, Moorlands House	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£8.50	http://www.sportacrossstaffordshire.co.uk (select Workshops) Kam Webster on 01785 619695
Equality in Coaching	Tuesday 25 th February 6.30pm - 9.30pm	HEREFORDSHIRE/ WORCESTERSHIRE Wyre Forest	The tutor will use coaching examples to help coaches understand how they in their coaching practice, should be equitable in their language and actions towards different people.	£24 (£16 if from a Clubmark club)	Georgie Fenton: g.fenton@worc.ac.uk 01905 542260 http://www.morethansport.com/courses
Club for All	Monday 1 st March 6.30pm - 9.30pm	GREATER WARWICKSHIRE (CSW) Lawrence Sheriff School, Clifton Road, Rugby, CV21 3AG	Practical Information on how to effectively run a sports club	£10	Sue Short: info@cswsport.org.uk 02476 574 200 www.cswsport.org.uk/events.php?workshops=true
Safeguarding and Child Protection	Tuesday 2 nd March 6:00pm – 9:00pm	NORTHAMPTONSHIRE Danes Camp Leisure Centre	A 3 hour workshop aimed at anybody working with children, including coaches, referees and volunteers	£25	www.course-bookings.northamptonshiresport.org
Emergency First Aid For Sports	Saturday 6 th March 9am - 5pm	LEICESTERSHIRE The British Red Cross, Leicester	3 Hour emergency 1 st aid qualification that meets clubmark requirements	£55	www.lrsport.org.uk click 'book it' in the top right corner) Graeme: Lrsport@lboro.ac.uk 01509 226 756.
Equality in Coaching	Tuesday 9 th March 6.15pm-9.15pm	STAFFORDSHIRE Newcastle Borough Offices	The tutor will use coaching examples to help coaches understand how they in their coaching practice, should be equitable in their language and actions towards different people.	£20.00	www.sportacrossstaffordshire.co.uk (select Workshops)

